

**June 2026 Vol. 48, No. 6**

## SOS 48th Anniversary Party and Cruise

**July 11-12, 2026**

*By Tina Lavato, Social Co-Chair*

Mark your calendars for **July 11th** to join in the fun and help SOS celebrate nearly five decades of sailing, good times, and friendships!

Whether you sail in for the weekend or drive in for the evening, this is the event you don't want to miss. Join fellow members and friends at the beautiful Maryland Yacht Club for a night filled with everything that makes SOS special.

This year's celebration is a tribute to the people, stories, and shared adventures that have shaped SOS over the past 48 years. From first sails to lifelong friendships, every member has been part of the journey.

So, hoist your sails or grab your car keys and come celebrate with your SOS family! Let's honor our past and celebrate our future!



### Menu

#### **Appetizers:**

- Hot Crab Dip  
Served with Rustic Baguettes
- Charcuterie Board  
w/Assorted Crackers

#### **Entrees:**

- Pecan-encrusted Salmon
- Sliced Tenderloin  
w/Tiger Sauce

#### **Sides:**

- Potatoes Au Gratin
- Marinated Artichokes,  
Asparagus & Sliced Tomatoes
- Roasted Vegetable Medley
- Fruit Salad with  
Poppyseed Dressing
- Sliced Rolls, Butter

#### Desserts & Drinks:

- Cake and Assorted Cookies
- Wine, Beer, Lemonade & Iced Tea

### Sign up now!

⚓ **Cruise & Party:** \$130, sign up by June 30, 9:00 pm.

🎉 **Party Only:** \$60, sign up by July 6<sup>th</sup> by 9:00 pm.

To register click:  
[Anniversary Cruise/Party](#)

## VIEW FROM THE BRIDGE

Dana Tulis, Commodore



Ahoy Sailors! Sailing season is finally here!!

I attended the third and final training of our impressive education series, "Welcome Aboard, From Dock to Deck" which included prospective members, newer members, and more experienced members looking for a little refresher. I presented an overview of our club, followed by Carole Jordan's more detailed update on membership benefits and to prep for overnight cruises, Carrie Will's video on setting up member profiles and signing up for cruises and other events, Jean-Pierre Plé's conversation on day sails and weekend cruises, and the always informative presentation by Kristen Berry on racing and overall tips on sailing. It was a great morning, followed by a homemade lunch.

After lunch, we had dockside training. Thank you to our Skippers who volunteered their boats to train folks on boat basics. Many thanks to Carole Jordan and her team for a highly successful training. We also gained new members after that event.

On May 14<sup>th</sup>, we had another impressive Board meeting — your Board and Committees continue to work hard to make our club even better. We are phasing in new procedures for identifying prospective Board members, to avoid making 100 calls. We recognize the personal touch is really the best way to identify members to run for the Board, as we have so many talented folks with skills from their careers that would be beneficial to our Board. Of course, people with prior volunteer efforts with SOS, whether on the

Board, on Committees, or volunteering for onshore events, also would make great candidates. Think about yourself and other members who would be great candidates, and then reach out to a Board member.

We had a robust discussion on a membership survey and whether to open up the club to "married solo sailors," stay tuned for more on that. There was general consensus to allow married sailors to serve on the Board which would require a change to the By-laws and a membership vote; we will keep working on that. Folks who are married shouldn't have less rights than folks who are "living with each other" or in committed relationships. Our society has certainly evolved since 1978.

First Mates continue to refine their Handbook to recruit First Mates. We are short on First Mates and need more folks to volunteer to go through the process as we have 40 active skippers and 16 First Mates, 5 of those folks are also skippers. Think about your skills and whether that is something you should pursue. I just committed to running through the process myself and was extremely impressed with a recent First Mates meeting. Finally, we had a presentation by Coco Lanquetuit on a bareboat cruise to St. Martin the week of February 20<sup>th</sup>, 2027. There will be all member Zoom calls in June to share more details.

Many thanks to a team of members who have volunteered to be on our Membership Committee. Judy Hunt, Melinda Zimmerman, Laura Wasserman, and Karen Profitt are team members.

Finally, start signing up for day sails, weekend sails, and other SOS events. Please look at the weekly updates on Sailboat News and Upcoming Events emails such as the Dinghy Dance Seminar or the Sail 250 Tall Ships and Blue Angels Cruise. See you all out there.

**Dana T. — Commodore**

### Whisker Pole Newsletter

Published Monthly

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**Unofficial Condensed BOARD Notes May 14, 2026, via Zoom**

Official May Minutes will be posted on the SOS website when approved in June by the Board of Directors.

**SOS Board Meeting Minutes – May 14, 2026, via ZOOM**

Meeting called to order by Commodore Dana Tulis at 6:00 pm. We discussed criteria for members to run for the Board, and will be working with the Board, Committee Chairs/Co Chairs, Skippers, and Coordinators on recommendations to call a more limited number of members vs calling over 100 members.

Treasurer: Treasurer’s Report of May 12, 2026

Through the end of April, our total net income was \$12,338, up about 10% from the same period last year. Keep in mind that a disproportionate share of our income is recognized in the first part of the year when membership dues come in and will be largely offset by expenses throughout the year.

	Apr. 30 2026	Mar. 31 2026	Dec. 31 2025
Club Checking Account	\$41,227	\$40,290	\$35,580
7-Month CD	64,383	64,182	63,602
Bareboat Account	49,501	51,265	48,094
<b>Total Cash</b>	<b>\$155,111</b>	<b>\$155,737</b>	<b>\$147,276</b>
Club Credit Card	(8,144)	(1,839)	(16,127)

**Committee Reports:**

**Bareboat:** The Bareboat committee presented a detailed proposed itinerary for the Winter 2027 bareboat trip to St. Martin February 20-27 (7 day) and February 20 to March 2 (10 day). It was unanimously approved in a vote. **A MOTION document will be filed.**

**Brunches:** We have secured the following dates for the 2026/27 brunches: Sundays, Nov. 15, December 13 & January 10, 2027.

**Cruising: Cruising Kickoff**

The sailing season was successfully kicked off April 18 at Galesville Memorial Hall, with 67 members in attendance.

**Upcoming Cruise Highlights**

- **DNR cruise, 5/16** – 14 boats with a total of 37 cruise registrants.
- **Blue Angels Day Sail, 5/20** – 6 boats with 31 registrants.
- **Memorial Day Cruises, 5/23** – Will start off together for 2 raft-up nights: Magothy & Bodkin Creek.
  - a. **3-Day Memorial Cruise** – 3 boats with a total of 15 registrants.
  - b. **1- or 2-week Extended Memorial Cruise** – 8 boats with approximately 20 registrants.
- **Sail250, 6/25** - 10 SOS skippers were able to reserve their slips at Lighthouse Marina for the upcoming cruise.

**Database:** Continuing to support WP, Cruise Coordinators, and general members. We just added the attribute, MMSI, to the Skippers’ profiles.

**Education:**

Fireside Chats - Kerry Sieben led a team of coordinators, hosts and speakers to provide seven well-attended Fireside Chats in the first quarter of 2026. Seminars – Chuck Fort provided the successful Raft Captain seminar in March. Board member and Educational Committee member, Gabriel Ruiz, has volunteered to lead seminars for the remainder of 2026.

**First Mates: Program Development**

- Jean-Pierre Plé presented a proposal to the Board for consideration and approval of a Rolling First Mate 5-Year Renewal Without a Renewal Checkout Sail. A detailed amendment proposal was presented. The modification would provide an option for a continuous rolling renewal without a checkout sail.
- The First Mates’ Advisory Committee made a motion on behalf of Rita Svec, who has asked to transition from active First Mate status to First Mate Emeritus. This was passed unanimously. **(A MOTION document will be filed).**
- The second of three planned educational sessions for First Mates will be held on July 21 from

7–8 PM via Zoom. The First Mate Kickoff Meeting was held on Saturday, May 9. There are currently four members enrolled in the Potential First Mate (PFM) Program, with a fifth expected to qualify in June. The annual First Mate Cruise is scheduled for June 13–14, 2026.

**Membership:** A new committee co-chair is being recruited. A robust discussion was held about ways to grow the Club as well as about possible changes to allow married members to serve on the Board. A survey of our members will be done to gain insight into members’ views on possible changes.

**Newsletter:** The 28-page May *Whisker Pole* was mailed to 25 members at a cost of \$192.13. Many thanks go to Shirley Brooks Hollendursky who stepped in to manage, edit, and get the May *Whisker Pole* to the printer!

**Public Relations:** SOS was represented at the Spring Sailboat Show April 25–27 and the *SpinSheet* Crew Party April 27.

**Safety:** The “Dinghy Dance” is scheduled for Sunday, June 7. Boat activations are a little behind.

**Skippers’ Advisory:** New Skippers: One new skipper signed in during May. There was a skippers break out group at the April Cruising Kickoff. Dennis Krisek moderated this group. A summary of the skippers’ comments is in the full meeting notes on the website.

**Social Committee:** Upcoming events: DNR Shore Party May 16 is BOOKED. SOS 48th Anniversary Party July 11 is BOOKED. Seafood Feast August 15 is BOOKED. Chili Cook-off October 17 is BOOKED. Halloween Party October 31 is BOOKED

**Reminder:** The August 1<sup>st</sup> Membership meeting is at Galesville Town Hall.

**Adjournment:** Meeting was adjourned at 7:40pm.

## The 2026 Dinghy Dance Sunday, June 7<sup>th</sup>

By Joan Tannen  
Safety Co-Chair

We use the term "Dinghy Dance" to refer to the art of getting in and out of a dinghy on the water!

This fun training session begins with a brief presentation on various PFDs and a presentation on the safe and effective use of a dinghy.

We show a video on techniques some members use to get in and out of a dinghy from a shore or a swim platform. Then, since the training is held at a member's private pool with a real dinghy, we are able to jump into the water and practice getting in and out of a dinghy on land and in deep water. We test some of the techniques that experienced dinghy users rely on. Last year almost every participant who tried to get into the dinghy in deep water was able to by using our tried-and-true techniques.

In addition, we bring various types of PFDs. Participants are able to try them on and practice putting them on in deep water. They quickly see how difficult that is and why it makes so much sense to already have a PFD on in the boat. We bring two inflatable PFDs and allow two people to jump into the pool with them on. It's interesting to experience and observe how the inflatable reacts. Afterwards we open up the inflated PFDs so people can see what's involved in re-arming them.

The 2026 Dinghy Dance is scheduled for Sunday, June 7 from 1:00 to 3:30. Bring a towel and wear a bathing suit because we are not offering a place to change your clothes. Space is limited, so sign up soon.

To register click [Dinghy Dance](#)

## Dockside Training Saturday, July 18<sup>th</sup>

By Melinda Zimmerman

Dockside Training is presented by the Cruising Committee without cost to all SOS members. It is held on various members' boats to give newly joined members and old salts who want a refresher or an introduction to a boat, on sailing with SOS, and a head start on checking off some Basic Skills. It is traditionally held on a boat while tied to the dock, although some Skippers elect to go out for a day sail.

Dockside Training is designed to answer such questions as: What tasks do the crew perform on a boat? How do I tie a clove hitch or stopper knot? What am I expected to do when leaving the dock? And more...

Skippers and First Mates will conduct standard pre-cruise and safety briefings and provide hands-on training. This is an EXCELLENT opportunity to get your Basic Skills Level I and possibly some of your Basic Skills Level II training checked off. Completion of the Basic Skills Level I is a minimum skill requirement for sailing as a crew member on a weekend cruise.

Please read the Basic Skills Manual Level I and II sections prior to Dockside Training and bring the Basic Skills checkout forms with you. The Manual and checkout forms are found on the SOS website in the Education Section of the Forms and Such tab.

If you are preparing for Basic Skills I you must study the nomenclature, practice the knots, and review the man overboard procedures. If time allows your Skipper may start on the Basic Skills II review and/or checkout. If you are preparing for Basic Skills II please study the nomenclature, practice the knots, and review the points of sail. If time allows your Skipper may start on the Basic Skills III review and/or checkout.

After you register, your assigned Skipper will send an email with details about the boat location and other necessary information. Just pack your water bottle, picnic lunch, and Basic Skills form(s). Then head to your assigned SOS boat for hours of fun, learning, and camaraderie.



*Sail250 Maryland and Airshow Baltimore* is a **global gathering** of international tall ships, military ships, and aircraft celebrating the 250th Anniversary of the founding of the United States.

Maryland and Baltimore are part of a five-city national event which also includes the ports of New Orleans, Norfolk, New York, and Boston. The event offers ship crews, cadets and midshipmen, aviators, and, of course, visitors from all over the world to join in an unforgettable experience and a world-class celebration of all things maritime and aviation in commemoration of our Nation's semi-quincentennial.

The Maryland event will feature the return of the U.S. Navy Blue Angels Flight Demonstration Squadron and other aviation performers for an airshow over Baltimore Harbor, flyovers at Baltimore Inner Harbor, and the Open House at Martin State Airport.

*SAIL250 Maryland* Fleet, Flight, and Festival activities will take place at Baltimore's Inner Harbor, Fells Point, North Locust Point, Baltimore Peninsula, and Martin State Airport.

For schedule of events, more information, and details: <https://www.sail250md.org/>

To register with the SOS Cruise to *Sail250* and for more details, (Log on first) click here: [Sail 250 Cruise](#)

## Annual Seafood Feast & Cruise



### Lankford Bay Marina August 15-16

By Tina Lavato, Social Co-Chair

**Party Managers: Barbara Wise & Linda Casucci**

Don't miss this year's Seafood Feast — hosted once again at the beautiful Lankford Bay Marina.

**Registration Deadline for Cruise and Party:** August 4, 9:00 pm

**Registration Deadline Party Only:** August 6, 9:00 pm

**Cruising Fee: \$70**

**Meal: \$65.50**

**Meal w/all-you-can-eat crabs: \$75.50**

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### Menu

**Appetizers:** Peeled deveined shrimp, smoked salmon, and "crabby" deviled eggs.

**Dinner:**

- Crab Cakes
- Fried Chicken
- Broccoli Salad
- 3-Bean Salad
- Pasta Salad
- Rolls & Butter

**Dessert:** Brownies & Cake

** Optional All-You-Can-Eat Steamed Crabs**

Back by popular demand! Add unlimited steamed crabs and corn for just \$10 additional. (Guests selecting this option will receive a wristband at check-in.)

Attendance is limited to 80 people so sign up soon!

To register click [Seafood Feast](#)

## Do You Know How to Inspect and Maintain Your Inflatable Life Jacket?

Inflatable life jackets can be a great option for protection out on the water. It's important, however, to know how they work and how to maintain them.

Did you know that inflatables have various options, such as automatic inflation, a pull cord to inflate, and a tube to blow into for inflation? You can buy an inflatable with a built-in harness to make it easier to pull you out of the water. Some even have crotch straps.

Did you know that you should see a green glow in the window of your inflatable if it is ready to be used? **Always check.**

It's important to understand that most inflatables have a small water-soluble device, such as a bobbin or a pill, which allows the gas in the CO2 cartridge to be released. These bobbins or pills have a limited shelf life requiring them to be replaced every one to three years. The expiration date should be imprinted right on the bobbin or pill. Re-arming kits for your specific inflatable can be purchased. In addition, you can purchase just the bobbin for some inflatables without incurring the expense of the whole re-arming kit.

Boat U.S. has a great video on inspecting and maintaining your inflatable. It can be viewed at <https://www.youtube.com/watch?v=KD5AgfQXxwI>

**Bottom line...** get to know your individual inflatable life jacket so you can use it safely out on the water!



## Cruising Corner

### The Cruising Season is here!

As the days grow longer and the Chesapeake begins to shimmer under summer skies, the heart of SOS cruising season is finally here. June and July invite us to cast off the lines, leave the dock behind, and reconnect with the freedom, friendship, and adventure that make sailing with SOS so special.

From relaxed weekday day sails where you can simply enjoy the wind and water, to festive overnight destination cruises, these next two months are packed with opportunities to explore the Bay, sharpen skills, laugh with friends old and new, and create the kind of memories that stay with us long after the sails come down for the season.

**A reminder to skippers and crew** — register early! Skippers, please make your marina reservations as soon as possible. SOS reimburses one night's slip fee plus electricity (up to \$200) when a skipper accepts at least one coordinated crew member. For cruises longer than one night, additional marina costs are expected to be shared between skipper and crew.

June begins with the excitement of the **First Mate and General Cruise to Whitehall Bay and Whitehall Creek on June 13–14** — a wonderful tradition that celebrates teamwork, learning, and confidence on the water. Whether you are a seasoned skipper, an experienced First Mate, or newer to cruising, these raft-ups remind us that SOS is more than a sailing club — it is a community built on support, encouragement, and shared adventure.

Then comes one of the most anticipated events of the season — the **Sail250 Tall Ships & Blue Angels Cruise to Baltimore, June 26–28**. Imagine sailing into the harbor surrounded by majestic tall ships while the Blue Angels thunder overhead. It promises to be one of those unforgettable Chesapeake experiences that reminds us why we

love being on the water. Due to the popularity of this festival, skippers reserved slips at Lighthouse Point Marina months ago — thank you, Skippers, for planning ahead and making this exciting event possible!

July carries the excitement forward with our **Independence Day Cruise to St. Michaels, July 4–6**. Few things compare to watching fireworks on July 5 over the Miles River after a beautiful day on the water, surrounded by fellow SOS members and the charm of one of the Bay's favorite destinations. The Chesapeake Bay Maritime Museum Big Band celebration adds the perfect soundtrack to a classic summer weekend.



By John Parsons

For slips at the Chesapeake Bay Maritime Museum, skippers must be Mariner-level CBMM members and reserve slips through Dockwa at 12:01 AM on June 5 (30 days in advance of CBMM celebration) — demand is extremely high for this holiday weekend. Other options include Higgins Yacht Yard through Dockwa or anchoring out and dinghying in.

Only a week later, we gather again for the **SOS 48th Anniversary Party Cruise at the Maryland Yacht Club**

**on July 11–12**. Forty-eight years of friendships, adventures, raft-ups, sunsets, and shared stories — what an incredible legacy. Every member who steps aboard contributes to that story, whether it's your first season or your fortieth. Skippers, please reserve your slips early through Dockwa for this popular event. If needed, the marina can also be contacted directly at [dockmaster@mdyc.org](mailto:dockmaster@mdyc.org)

And July continues to deliver: **Dockside Training**, Day Sails, Raft-ups, and the ever-popular **Appetizers & Desserts Cruise** — now in a new location on the Magothy River. We moved the cruise this year to improve the chances of nettle-free swimming during the hottest part of the summer, while still enjoying great food, laughter, and sunset raft-up conversations.

What makes SOS cruising special is not simply the destinations. It is the feeling that comes when sails fill with wind, when boats raft together at dusk, when dinghies crisscross anchorages carrying appetizers and stories, and when strangers become friends somewhere between one harbor and the next.

This summer, say yes to the adventure. Try a new cruise. Volunteer as crew. Invite someone newer into the conversation. Take the helm. Learn a new skill. Watch the sunrise from a quiet cockpit with coffee in hand. Experience the Chesapeake the way it was meant to be experienced — together.

The Bay is calling. Summer is waiting. Let's make June and July unforgettable.

See you out on the water!

— Laura Keough & Dana Stoffregen  
Cruising Co-Chairs

## Singles on Sailboats 2026 Cruising Calendar

Date (s)	Cruise/Location	Date (s)	Cruise/Location
Feb 28	<b>Skilled Sailor Education Day</b> , American Legion Post 7, Annapolis	July 25 - 26	<b>Appetizers &amp; Desserts Cruise</b> , Broad Creek, Magothy River
March 7	<b>CPR Training</b> Annapolis Fire Dept.	Aug 1	<b>Town Hall Meeting</b> , Galesville Memorial Hall
March 14 - 21	<b>Bareboat</b> : Grenada	Aug 2	Weekend Day Sail
March 28	<b>Rafting and Raft Captain Training</b> Queen Anne's Co. Library, Kent Island	Aug 8	Weekend Day Sail
April 11	<b>Flare &amp; Safety Day</b> , Camp Letts	Aug 9	Weekend Day Sail
April 18	<b>Cruising Kickoff</b> , Galesville Memorial Hall	Aug 9	Weekend Day Power Boat Cruise
April 25	<b>Welcome Aboard: From Dock to Deck</b> Castle Marina	Aug 15 -16	<b>Seafood Feast</b> , Lankford Marina, Chester River, Sail or Drive-in
April 26	Weekend Day Sail	Aug 20	Mid-week Day Sail - Thurs
April 29	Mid-week Day Sail - Wed	Aug 29	Weekend Day Sail
May 2	Weekend Day Sail	Aug 30	Weekend Day Sail
May 3	Weekend Day Sail	Sept 2 – 7	<b>Labor Day Extended Cruise</b> , Chestertown
May 5	Mid-week Day Sail - Tues	Sept 5 – 7	<b>Labor Day 3-Day Cruise</b> , Old Man Creek/Magothy River, Gray's Inn Creek/Chester River
May 9	Weekend Day Sail	Sept 5 -11	<b>Bareboat</b> : Shannon River, Ireland
May 10	Weekend Day Sail	Sept 9	Mid-week Day Sail - Wed
May 16 - 17	<b>DNR Cruise</b> , Granary Creek, Wye River; Sail & Dinghy or Drive-in; Option for Fri leave	Sept 12 -13	<b>Oyster Boys Concert</b> , Shaw Bay; Sail & Dinghy
May 20	<b>Blue Angels</b> Day Sail - Wed	Sept 19 - 20	<b>North &amp; South</b> , 2 Raft destinations: Bodkin Creek & Bobby Owl Cove
May 23 - 25	<b>Memorial 3-Day Cruise</b> , Magothy, Bodkin Creek	Sept 23	Mid-week Day Sail - Wed
May 23 - Jun 06	<b>Spring Extended Cruise</b> C&D Canal (1-wk) & Oxford (2-wk)	Sept 23	Mid-week Day Power Boat Sail - Wed
June 4	Mid-week Day Sail - Thurs	Sept 26 - 27	<b>Octoberfest</b> , Castle Marina, Sail or Drive-in
June 6	Weekend Day Sail	Sept 29	Mid-week Day Sail - Tues
June 7	<b>Dinghy Dance</b>	Oct 3 - 4	<b>Goose Cruise</b> , Corsica River
June 13 - 14	<b>First Mate Cruise</b> , Whitehall Bay, Raft-up with General Cruise, Whitehall Creek	Oct 10	Weekend Day Sail
June 13 - 14	<b>General Cruise</b> , Raft-up with First Mate Cruise, Whitehall Creek	Oct 11	Weekend Day Sail
June 20	Weekend Day Sail	Oct 14	Mid-week Day Sail - Wed
June 21	Weekend Day Sail	Oct 17 - 18	<b>Chili Cook-off</b> , Maryland Yacht Club, Sail or Drive-in
June 26 - 28	<b>Sail250 Tall Ships &amp; Blue Angels, 3-Day Cruise Baltimore</b> , Lighthouse Point Marina, Canton; Sail or Drive-in.	Oct 22	Mid-week Day Sail - Thurs
July 4 - 6	<b>Independence 3-Day Cruise to CBMM Big Band &amp; Fireworks Celebration</b> , Sun, July 5, St. Michaels; Marina 2-night min	Oct 24 - 25	<b>Rockin' to Rock Creek</b> , Rock Creek, Patapsco River
July 8	Mid-week Day Sail - Wed	Oct 31 – Nov 1	<b>Halloween Cruise &amp; Party</b> , TBD
July 11 - 12	<b>SOS 48<sup>th</sup> Anniversary Party</b> , Maryland Yacht Club, Rock Creek, Pasadena; Sail or Drive-in	Nov 6 - 8	<b>OysterFest</b> , CBMM, St. Michaels, Sail or Drive-in; *Fri leave, Marina 2-night min
July 14	Mid-week Day Power Boat Cruise - Tues	Nov 14	<b>Cruising Wrap-up</b> , Galesville Memorial Hall
July 16	Mid-week Day Sail - Thurs		
July 18	<b>Dockside Training</b>		
July 19	Weekend Day Sail		

# First Mates' Deck Notes

By Lora Donia and Jean-Pierre Plé -  
with input from various current First Mates

Hi all. Last month we shared Part 1 on thoughts why current First Mates (FMs) took the steps to become a FM. These thoughts were collected to help Jean-Pierre lead a fireside chat earlier this year, where he spoke about his experience of becoming a FM in 2025. This month, we wish to share with you Part 2. We hope these comments will inspire you to apply to become a Potential First Mate. Let us know if you are interested or if you have any questions.

Here are some of the replies Jean-Pierre received to the following questions:

***Any lessons learned you would like to share either in the process of becoming a FM or in your service to the club as a FM after your checkout cruises?***

- “You really don't know how skilled you are until you are tested by circumstance and adversity.”
- “Being a FM pushes you to not only exhibit your skills, but transfer them to new, less skilled members.”
- “Knowledge is best when shared.”

***What do you think are the obstacles that prevent experienced members from seeking to become FM?***

- “I think that experienced sailors think that becoming a FM is going to prevent them from enjoying sailing; for me, that hasn't been the case.”

- “I think taking on the responsibility is the toughest part.”
- “In the end, the biggest barriers aren't always skill-based. They're internal: confidence, motivation, and the willingness to step into a leadership role.”

“Some may ask: What's in it for me?” Becoming a FM requires time, commitment, and a willingness to take on responsibility. Each person must look honestly at their motivations and decide whether the role aligns with what they want from the club. For those who approach it with a mindset of service, mentorship, and community, the rewards are meaningful.”

***Anything else you wish to share?***

- “I am grateful to SOS for giving me this opportunity to increase my knowledge and experience, all while having fun.”
- “After reviewing “How to Become a First Mate”, the requirements of the FM sailing resume, etc. I was very overwhelmed and thought I couldn't do this - I'm not qualified. Yes, I was. I simply lacked confidence in myself. What kept me going when I wanted to throw in the towel, was the continued support of 2-3 skippers who truly believed in me, saw my value when I did not see my own. The biggest benefit I gained from joining the FM ranks was confidence in my sailing ability and personal growth.”

- “The knowledge, skills, and training I've gained through the FM program have been invaluable.”
- “The FM program taught me the fundamentals that truly matter: completing a pre-cruise checkout with all crew, checking and monitoring weather conditions, using a VHF radio confidently, and deploying and setting an anchor properly. The annual FM skills cruise reinforces these practices and keeps them sharp.”
- “I'm grateful for the camaraderie within the FM program and for the willingness of experienced FMs to pass along their best practices.”
- “Completing the program and joining the FM ranks gave me far more than a title. It gave me confidence in my sailing abilities and a sense of personal growth that I hadn't expected. That transformation — from uncertainty to capability — is the most meaningful part of my FM experience.”



## Ouchies, Boo Boos, and Boat Bites, Oh My!

By Chuck Fort, Safety Committee

Since sailing is not just sitting on the boat watching the scenery go by, but involves some work while in motion, we are all susceptible to the occasional "boat bite." When that happens, we may need to reach into our first aid kits for supplies. But what first aid supplies should we carry to treat our injuries until we can get back to shore and possibly more advanced care? Here is a list of suggestions.

You can go out and buy a stocked first aid kit, and the size and composition of the kit can be based on how many are on board and how long you will be away from more advanced care. You can purchase a first aid kit from many sources such as a drug store, marine supply store such as West Marine or Defender, a commercial supplier such as Grainger, or an adventure store such as REI or EMS.

If you want to put together your own kit, or add to an existing kit, here are some suggestions:

### Supplies

**Band-Aids** - Since the most common boat bite is a small cut or scrape, you want Band-Aids in an assortment of sizes.

**Gauze** - For larger wounds like skin tears, you want gauze in 2"x2" and 4"x4", preferably non-stick.

**Eye Pads** - For covering eyes when needed.

**ABD Compression Dressing** - Adds pressure when needed to stop bleeding.

**Quick Clot Dressing** - Clot Promoting Dressing for when patients are on blood thinners. It promotes localized clotting without affecting systemic anticoagulation.

**Roller Gauze** - For holding gauze on without using tape.

**Coban Wrap** - Elastic wrap for holding dressings in place.

**Butterfly Closures** - Pulls and holds cuts together.

**Ace Wraps** - For supporting sprains, holding splints in place.



**Sam Splint** - Moldable splint for supporting sprains and breaks, held in place by an Ace Wrap.

**Instant Cold Pack** - Instant cold for when ice is not available. Use for swelling or overheating.

**Instant Hot Pack** - Instant heat when needed, such as hypothermia.

**Gloves** - Protect yourself from bodily fluids. Nitrile is preferred over latex, as some people are allergic to latex.

**Hand Sanitizer** - Clean your hands before working on someone.

**Antiseptic Spray** - Cleaning the area around a wound.

**Antiseptic Wipes** - Cleaning the area around a wound.

**Scissors** - For cutting things.

**Tweezers** - For removing things.

**CPR Mask** - Protects the person giving mouth to mouth respirations.

**First Aid Manual** - Helps with what to do.

### Medications

**Ibuprofen** - Helps with pain, swelling, and fever.

**Acetaminophen** - Helps with pain and swelling.

**Aspirin** - For someone is having sudden chest pain. Chew and swallow 160-325 mg.

**Benadryl** - For insect and sea nettle stings.

**Sting-Kill** - Rub on for insect and sea nettle stings. The best kinds have topical anesthetic like lidocaine or benzocaine.

**Vinegar** - Probably in the galley. Pour on sea nettle stings.

**Motion Sickness Tablets** - Best taken before you get sea sickness.

**EpiPen** - Carry if you have severe allergies.

This is not an all-inclusive list, but a suggestion for where to start.

Hopefully, the more prepared you are, the less you will need.

## Welcome New Members

**Leo Penta** - Annapolis, MD

**Patti Aston** - Herndon, VA

**Rene Cardona** - Baltimore, MD

**Sonja Schmidt** - Arlington, VA

**Chrissy Rocha** - Annapolis, MD

**Bill Griswold** - Bridgeville, DE

**Ira Taylor** - Mount Laurel, NJ

**Jen, Jennifer, Jenny Diforte** - Parkville, MD

**Catina Webster** - Hedgesville, WV

**Daggie Mracna** - Fairfax, VA

**Joyce Mckenzie** - Queenstown, MD

**Jean Wintemute** - Reston, VA

**Heather Angelo** - Millersville, MD

**Camela Weathersbee** - Ellicott City, MD

**Scott Norris** - Annapolis, MD

**Frank Leonard Sangiorgi** - Ellicott City, MD

**Shirley Bomhoff** - Edgewater, MD

**Martha Haines** - Falls Church, VA

**Natalia Laguyas** - Kensington, MD

**Joe Greco** - Vail, CO

**Carol McClain** - Clarksville, MD

**Marina Sauco** - Wilmington, DE

**Darlene Frieman** - Rockville, MD

**Sue Springett** - Annapolis, MD

**Sherri Williams** - Annapolis, MD

**David Lassen** - Gaithersburg, MD

# Fleet Exercises and Shore Leave

By Ned Schwartz, Editor [sosfleetexercises@gmail.com](mailto:sosfleetexercises@gmail.com)

Please email your questions and request for directions to the coordinator.

If you are paying by check for any sailing event, a paper Sailing Registration Form must **accompany the check** mailed to the **coordinator**. A copy of this form can be found on the SOS website. All checks are to be made payable to **SOS, Inc.** Mail-in forms must be received by the 9:00pm on the Register By date.

**Note: Individual request for refunds will incur a \$3 Administration Fee.**

## SOS Wellness Protocol Revised (3/7/2024)

All participants attending SOS in-person events should be feeling well. They should not attend an event if they have symptoms of a communicable respiratory or gastrointestinal illness, are "feeling like something is coming on," have a recent significant exposure to someone with a communicable respiratory or gastrointestinal illness, or have not waited a recommended isolation time after a recent respiratory or gastrointestinal infection. In addition, a skipper/host may have further requirements or request other preventive measures (for example, crew or guests having received the currently recommended COVID-19 vaccine or wearing masks when below deck). All in-person participants should expect to be denied admission without a refund if they fail to comply with this policy.



**May 23 -**

**June 6**

**Destination:**

**1-Week or 2-Weeks**

C&D Canal (1-wk) and Oxford (2-wks).

**Deadline:**

Mail and online registrations must be received by May 12 (9:00pm).

**Contact:**

Laura Keough, [laurasan2@yahoo.com](mailto:laurasan2@yahoo.com).

To register and for more details, (**Log on first**) click here: [Spring Extended Cruise](#)

**Spring Extended Cruise**

**Cost:** \$75 Plus costs associated with extended cruising - (**options for 1-wk or 2-wks**). Member or Non-Member.

**Note:** **Crew:** Contact Laura Keough to be added to a list of potential Crew. **Only register after receiving an invitation by your Skipper.**



**June 4**

**Location:**

**Thursday**

Zoom option only. Contact Commodore if interested in attending. [commodore@singlesonsailboats.org](mailto:commodore@singlesonsailboats.org)

**Board Meeting**

**Time:** 6:00pm to 7:00pm.

**Note:** Open to all Members.



**June 4**

**Destination:**

**Thursday**

Skipper's Choice.

**Deadline:**

Mail and online registrations must be received by May 27 (9:00pm).

**Coordinator:**

Barbara Wingrove [bkwingrove@outlook.com](mailto:bkwingrove@outlook.com)

To register and for more details, (**Log on first**) click here: [6/4 Day Sail](#)

**Mid-Week Day Sail**

**Cost:** \$25 - Member or Non-Member.

**Note:** Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.



**June 6**

**Destination:**

**Saturday**

Skipper's Choice.

**Deadline:**

Mail and online registrations must be received by May 31 (9:00pm).

**Coordinator:**

Mary Chevalier [Mary7570@yahoo.com](mailto:Mary7570@yahoo.com)

To register and for more details, (**Log on first**) click here: [6/6 Day Sail](#)

**Weekend Day Sail**

**Cost:** \$25 - Member or Non-Member.

**Note:** Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.



**June 7**

**Destination:**

**Sunday**

Annapolis, MD – Private Home. (Directions sent upon registration).

**Deadline:**

Mail and online registrations must be received by May 31 (9:00pm).

**Coordinator:**

Joan Tannen & Michael Sommer [safety@singlesonsailboats.org](mailto:safety@singlesonsailboats.org)

To register and for more details, (**Log on first**) click here: [Dinghy Dance](#)

**Dinghy Dance Seminar**

**Cost:** \$15 - Members only.

**Time:** 1:00pm to 3:30pm.

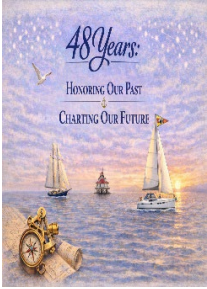
**Note:** Bring a towel and wear bathing suit to event as there will be no facilities to change clothes. Beverages and snacks provided.

**June 13-14 Saturday – Sunday****General Cruise****Destination:** Whitehall Creek, off Whitehall Bay.**Cost:** \$50 - Member or Non-Member.**Deadline:** Mail and online registrations must be received by June 2 (9:00pm).**Note:** Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.**Coordinator:** Bev Nash [beverlynash@verizon.net](mailto:beverlynash@verizon.net)To register and for more details, (Log on first) click here: [6/13 General Cruise](#)**June 13-14 Saturday – Sunday****First Mates Sail****Destination:** Whitehall Creek, off Whitehall Bay.**Cost:** No cost. Open to First Mates, First Mate Emeritus, and First Mate Candidates.**Deadline:** Mail and online registrations must be received by June 2 (9:00pm).  
**BY INVITATION ONLY.****Note:** Spend the day honing FM skills, as well as enjoying the day. First Mates to join General Cruise raft after the Saturday sail.**Coordinator:** Bev Nash [beverlynash@verizon.net](mailto:beverlynash@verizon.net)To register and for more details, (Log on first) click here: [FM Cruise](#)**June 20 Saturday****Weekend Day Sail****Destination:** Skipper's Choice.**Cost:** \$25 - Member or Non-Member.**Deadline:** Mail and online registrations must be received by June 14 (9:00pm).**Note:** Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.**Coordinator:** Laura Gwinn [laura.gwinn1953@gmail.com](mailto:laura.gwinn1953@gmail.com)To register and for more details, (Log on first) click here: [6/20 Day Sail](#)**June 21 Sunday****Weekend Day Sail****Destination:** Skipper's Choice.**Cost:** \$25 - Member or Non-Member.**Deadline:** Mail and online registrations must be received by June 14 (9:00pm).**Note:** Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.**Coordinator:** Laura Gwinn [laura.gwinn1953@gmail.com](mailto:laura.gwinn1953@gmail.com)To register and for more details, (Log on first) click here: [6/21 Day Sail](#)**June 26-28 3-Day – Friday to Sunday****Sail 250 – Tall Ships & Blue Angels Cruise****Destination:** Baltimore, Lighthouse Point Marina, Canton, MD.**Cost:** \$105 - Member or Non-Member.**Deadline:** Mail and online registrations must be received by June 16 (9:00pm).**Note:** Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.**Coordinator:** Josh Graff, [singlesonsailboats@Joshuagraff.com](mailto:singlesonsailboats@Joshuagraff.com)To register and for more details, (Log on first) click here: [Sail 250 Cruise](#)**July 2 Thursday****Board Meeting****Location:** Zoom option only. Contact Commodore if interested in attending.  
[commodore@singlesonsailboats.org](mailto:commodore@singlesonsailboats.org)**Time:** 6:00pm to 7:00pm.**Note:** Open to all Members.**July 4-6 3-Day – Saturday to Monday****Independence Day Cruise****Big Band & Fireworks Celebration****Destination:** Sunday, CBMM, St. Michaels, Miles River; **Marina, 2-night min.****Cost:** \$105 - Member or Non-Member.**Deadline:** Mail and online registrations must be received by June 23 (9:00pm).**Note:** Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.**Coordinator:** Hope Andruss [hopedruss@verizon.net](mailto:hopedruss@verizon.net)To register and for more details, (Log on first) click here: [4 July Cruise](#)

**July 8****Wednesday****Mid-Week Day Sail**

**Destination:** Skipper's Choice.  
**Deadline:** Mail and online registrations must be received by July 1 (9:00pm).  
**Coordinator:** Heide Harper [Heide.patternpro@gmail.com](mailto:Heide.patternpro@gmail.com)  
 To register and for more details, (**Log on first**) click here: [7/8 Day Sail](#)

**Cost:** \$25 - Member or Non-Member.  
**Note:** Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.

**July 11-12****Saturday – Sunday****48<sup>th</sup> Anniversary Cruise & Party**

**Destination:** Maryland Yacht Club, Pasadena, Rock Creek off Patapsco River.  
**Deadline:** Mail and online registrations must be received by June 30 (9:00pm). Party only by July 6 (9:00pm).  
**Coordinator:** Molly Harrison & Ned Schwartz [mollyned@verizon.net](mailto:mollyned@verizon.net)  
 To register and for more details, (**Log on first**) click here: [Anniversary Cruise/Party](#)

**Cost:** \$130 - Member or Non-Member. Party only: \$60.  
**Note:** Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.  
**Party Manager:** Tina Lavato

**July 14****Tuesday****Mid-Week Power Boat Day Trip**

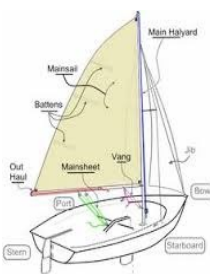
**Destination:** Skipper's Choice.  
**Deadline:** Mail and online registrations must be received by July 8 (9:00pm).  
**Coordinator:** Michelle Watters [michelle.watters@gmail.com](mailto:michelle.watters@gmail.com)  
 To register and for more details, (**Log on first**) click here: [7/14 Power Boat Day Trip](#)

**Cost:** \$25 - Member or Non-Member.  
**Note:** Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.

**July 16****Thursday****Mid-Week Day Sail**

**Destination:** Skipper's Choice.  
**Deadline:** Mail and online registrations must be received by July 8 (9:00pm).  
**Coordinator:** Selma Manizade [selmanizade@gmail.com](mailto:selmanizade@gmail.com)  
 To register and for more details, (**Log on first**) click here: [7/16 Day Sail](#)

**Cost:** \$25 - Member or Non-Member.  
**Note:** Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.

**July 18****Saturday****Dockside Training**

**Location:** Various Skippers' Boats.  
**Note:** Skippers may suggest going out for some sailing.  
**Deadline:** Mail and online registrations must be received by July 12 (9:00pm).  
**Coordinator:** Melinda Zimmerman- [melbay22@gmail.com](mailto:melbay22@gmail.com)  
 To register and for more details, (**Log on first**) click here: [7/18 Dockside Training](#)

**Cost:** No charge.  
**Time:** 9:00am.  
**Note:** Bring your own lunch, beverage, and Basic Skills Checkout Forms.

**July 19****Sunday****Weekend Day Sail**

**Destination:** Skipper's Choice.  
**Deadline:** Mail and online registrations must be received by July 12 (9:00pm).  
**Coordinator:** Janet Gonski [jgsunset@yahoo.com](mailto:jgsunset@yahoo.com)  
 To register and for more details, (**Log on first**) click here: [7/19 Day Sail](#)

**Cost:** \$25 - Member or Non-Member.  
**Note:** Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.

**July 25-26 Saturday – Sunday****Appetizers & Desserts Cruise**

**Destination:** Broad Creek, Magothy River.  
**Deadline:** Mail and Online registrations must be received by July 14 (9:00pm).

**Cost:** \$50 - Member or Non-Member.

**Note:** Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.

**Coordinator:** Esther Massey [estheraamd@gmail.com](mailto:estheraamd@gmail.com)  
 To register and for more details, (Log on first) click here: [Appetizer & Desserts Cruise](#)

**Aug. 1 Saturday****Town Hall Meeting**

**Destination:** Galesville Memorial Hall.

**Cost:** Member Meeting/Dinner: **Free.**  
 Non-Member: **\$30.**

**Deadline:** Mail and online registrations must be received by July 26 (9:00pm).

**Time:** 5:00pm to 10:00pm.

**Limit 120 persons.**

**Note:** There is not a coordinated sail for this event. Skippers who wish to sail, may invite crew and arrange for their own dockage or anchor out.

**NO WALK-INS - If you do not sign up you will not get dinner.**

- Time to meet the Board of Directors candidates. -

**Coordinator:** Rich Cordaro [richardjcordaro@aol.com](mailto:richardjcordaro@aol.com)  
 To register and for more details, (Log on first) click here: [8/1 Town Hall](#)

**Aug. 2 Sunday****Weekend Day Sail**

**Destination:** Skipper's Choice.

**Cost:** \$25 - Member or Non-Member.

**Deadline:** Mail and online registrations must be received by July 26 (9:00pm).

**Note:** Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.

**Coordinator:** Susan Vasco [suvasco@comcast.net](mailto:suvasco@comcast.net)  
 To register and for more details, (Log on first) click here: [8/2 Day Sail](#)

**Aug. 6 Thursday****Board Meeting**

**Location:** Zoom option only. Contact Commodore if interested in attending.  
[commodore@singlesonsailboats.org](mailto:commodore@singlesonsailboats.org)

**Time:** 6:00pm to 7:00pm.

**Note:** Open to all Members.

**Aug. 8 Sunday****Weekend Day Sail**

**Destination:** Skipper's Choice.

**Cost:** \$25 - Member or Non-Member.

**Deadline:** Mail and online registrations must be received by Aug. 2 (9:00pm).

**Note:** Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.

**Coordinator:** Nancy Bromberg [nbromberg78@gmail.com](mailto:nbromberg78@gmail.com)  
 To register and for more details, (Log on first) click here: [8/8 Day Sail](#)

**Aug. 9 Sunday****Weekend Day Sail and Power Cruise**

**Destination:** Skipper's Choice.

**Cost:** \$25 - Member or Non-Member.

**Deadline:** Mail and online registrations must be received by Aug. 2 (9:00pm).

**Note:** Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.

**Coordinator:** Nancy Bromberg [nbromberg78@gmail.com](mailto:nbromberg78@gmail.com)  
 To register and for more details, (Log on first) click here: [8/9 Power or Sail Day Trip](#)

**Aug. 15-16 Saturday – Sunday**

**Destination:** Lankford Bay Marina, Langford Creek, Chester River. Skippers should book slips early with Lankford Marina directly, **NOT** Dockwa.

**Deadline:** Mail and Online registrations must be received by Aug. 4 (9:00pm). Party deadline: Aug. 6. **(Party limit 95).**

**Coordinator:** Kathy Haven [mskathha@gmail.com](mailto:mskathha@gmail.com)

**Seafood Feast Cruise/Party**

**Cost:** \$135.50 or \$145.50 (with crab option)– Member or Non-Member.  
Party only: Meal - \$65.50.  
Party only: Meal with crabs - \$75.50.

**Note:** Non-Member may sail once with a Member and must mail a separate Registration Form with a check to the coordinator.  
Party Managers: Barbara Wise & Linda Casucci

To register and for more details, (**Log on first**) click here: [Seafood Feast](#)

**Sept. 5-12 7-Day Trip Saturday to Sunday Fall 2026 - Bareboat Cruise**

**Destination:** River Shannon from Carrick-on-Shannon to Portlanna, Ireland.

**Note:** Details can be found on Le Boat Cruising Guide [Le Boat Cruise information](#). Plus [Ireland 2026](#)

**Coordinator:** Doug Gage [douggage@gmail.com](mailto:douggage@gmail.com)

**Cost:** Members \$1,000 = Boat Cost and Admin Fee. Air Fare and Insurance are separate.

**Note:** To Download Registration Form with Payment Information, click here [Ireland Register](#)

**Directions:****SOS 48th Anniversary Party and Cruise**

Maryland Yacht Club, 1500 Fairview Beach Rd., Pasadena, MD 21122 [www.mdyc.org](http://www.mdyc.org)

Route 695 (Baltimore Beltway) to Route 10 South (exit 2). Route 10 South to Route 100 East, toward Gibson Island. Turn left on Magothy Bridge Road and continue on Hog Neck Road. Go to second traffic light to "T". Turn right onto Ft. Smallwood Road. Travel on Ft. Smallwood Road for 2.3 miles. Turn left onto Fairview Beach Road. Travel on Fairview Beach Road to very end.

**Townhall Meeting – Membership Meeting****Galesville Town Hall - 952 Main Street; Galesville, MD**

**From Annapolis and North:** Take MD Rt 2 South (Solomon's Island Rd) to left on MD Rt 214. Turn Right on Rt. 468. Turn Left on Rt. 255 to Galesville. Town Hall is on the left.

**From Route 50 (from DC and VA):** Take Exit 16, MD Rt 424 to Davidsonville. Continue past Davidsonville to MD Rt 2. South (right) then to MD Rt 255 East (left) to Galesville. Cross MD Rt 468. Continue on Rt. 255, which becomes Main Street. Just after the post office and before the firehouse, the hall is on the left.

# DNR Cruise & Party

(All names are listed L to R)



JP Plé and Skipper Peter Van Houten by JP



First Raft-Up in Granary Creek by Bob Wright



S/V Hedy at anchor by Bob Wright



The "Set-Up Crew" relaxing before the rush of work by Bob Wright



Friday evening Appetizers set-up by Bob Wright



Lynn Winkler, Kathy Higdon, Jill Montgomery and Phil Smith by Melinda Z.



Cherie Comly, Phil Smith, Pete Ashley, Janet Gonski, and Karl Scible by Bob Wright



Rob Swick (NM), Charlene Jehle, Dan Brail, and Daggie Mracna (NM) by Melinda Z.

Photographs submitted as noted Melinda Z. is Melinda Zimmerman



Dennis Krizek by Mary Chevalier

# DNR Cruise & Party

(All names are listed L to R)



Melinda Zimmerman  
Submitted by Melinda Z.



Marina Sauco (NM),  
Jim Huber, and Rob Blecher  
by Bob Wright



Pete Ashley and Dennis  
Krizek by Bob Wright



Mid-afternoon rest and  
sunshine by Bob Wright



Phil Smith, Kathy Higdon,  
Chuck Fort and Linda Cassuci  
by Melinda Z.



Kathy Higdon, Jill Montgomery  
(sitting), and Samia  
AbdelWahed by Melinda Z.



Charlene Jehle, Rich  
Stewart (background),  
Kathy Higdon (sitting), and  
Phil Smith by Bob Wright



Aurora Watson and Mary  
Chevalier by Bob Wright



Rob Swick, Skipper Laura  
Gwinn, and Melinda Z.  
by Melinda Z.

Photographs submitted as noted  
Melinda Z. is Melinda Zimmerman

PHOTO EDITOR: Bob Wright – robert.wright.bowie@gmail.com  
Please include names with your photos so we can learn everyone’s names.



Welcome to the SOS  
Happy Hour page!  
Be sure to check here  
for a Happy Hour  
event in your area.  
Send any changes,  
updates, or new  
information about Happy  
Hours to Jill Montgomery  
[jill.montgom@gmail.com](mailto:jill.montgom@gmail.com)



**Virtual Happy Hours on ZOOM VARIOUS DATES:** Get in Touch with your Area Contact, listed in back of your *Whisker Pole* to be put on their HH notification list. Or check out the SOS website for dates and ZOOM links to all the Virtual Happy Hours.

**KEY WEST, FL:** SOS HAPPY HOUR place and time to be determined. Contact: **TERRI AND KARL**, 410-707-4319 or 267-221-6312.

**1<sup>st</sup> Wednesday**  
**BALTIMORE:** June 3rd 5:30-7:00 PM  
**TRUE CHESAPEAKE**, 3300 Clipper Mill Road, Suite 400, Baltimore, MD 21211.  
<https://TrueChesapeake.com>  
Email coordinator to be added to notification email.  
**COORD:** JOSH [singlesonsailboats@JoshuaGraff.com](mailto:singlesonsailboats@JoshuaGraff.com)

**1<sup>st</sup> Wednesday**  
**NOVA/DC:** June 3rd 5:00-7:00 PM  
**MYLO'S GRILL**, in the back dining room, 6238 Old Dominion Dr, McLean, VA. 21218. 703-533-5880. [www.mylosgrill.com](http://www.mylosgrill.com)  
**COORDINATOR:** HOPE – [hoped@verizon.net](mailto:hoped@verizon.net)

**2<sup>nd</sup> Thursday**  
**ELLCOTT CITY:** June 11th 5:00-7:30 PM  
**LA PALAPA GRILL**, 8307 Main Street, Ellicott City MD 21043. 410-465-0070. [www.lapalapagrill.com](http://www.lapalapagrill.com)  
**COORDINATORS:** KATHY – [mskathha@gmail.com](mailto:mskathha@gmail.com)  
JANET – [igsunset@yahoo.com](mailto:igsunset@yahoo.com)

**3<sup>rd</sup> Wednesday**  
**WILMINGTON:** June 17th 5:00 PM  
**TIMOTHY'S RESTAURANT AND BAR**, 930 Justison Street, Wilmington, DE 19801. Wilmington Riverfront by Blue Rock Stadium, facing the waterfront. Drink and appetizer specials until 7PM. 302-429-7427.  
<https://riverfrontde.mytimothysrestaurants.com>  
**COORDINATOR:** JULIE – [jafort@comcast.net](mailto:jafort@comcast.net)

**3<sup>rd</sup> Thursday**  
**ROCKVILLE:** June 18th 5:00-7:00 PM  
**SEASONS 52**, 11414 Pike, Rockville, MD 20852. 301-816-0369. Free parking at Whole Foods.  
[h <https://seasons52.com/home>](https://seasons52.com/home)  
**CORDINATOR:** DEBBIE – [hidebbieg@yahoo.com](mailto:hidebbieg@yahoo.com)

**3<sup>rd</sup> Thursday**  
**KENT ISLAND:** June 18th 5:00-7:00 PM  
**LIBBEY'S COASTAL RESTAURANT**, (formerly Hemingway's) 357 Pier 1 Road, Stevensville, MD 21666. 410-604-0999.  
[www.libbeyscoastalkitchen.com](http://www.libbeyscoastalkitchen.com)  
**COORDINATOR:** PETER – [beneteau461@gmail.com](mailto:beneteau461@gmail.com)

**4<sup>th</sup> Thursday \*\*CANCELLED until new Host found\*\***  
**PHILLY AREA:** 4:30 PM  
**DI FABIOS**, 1243 Providence Road, Media, PA 19063 (location of the Old Rose Tree Inn) 484-444-0850. Great food, lots of parking. Gather in patio area. [www.difabiosevents.com](http://www.difabiosevents.com)  
**COORDINATORS:** TBD

**4<sup>th</sup> Thursday**  
**ANNAPOLIS:** June 25th 5:00-7:00 PM  
**COCONUT JOE'S BAR & GRILL**, 48 South River Road, Edgewater, MD 21037. 443-837-6057.  
[www.coconutjoesmd.com](http://www.coconutjoesmd.com)  
**COORDINATOR:** JERE – [jerewglover@msn.com](mailto:jerewglover@msn.com)



## Rockville Happy Hour

L-R: Phil Smith, Barbara Wise, Bill Small, Rebecca, Steve Kurtz, Robin, Jean-Pierre Plé, Roger Andes, Debra Roane, Debbie, Barry Herling. (Photographer - Jill Montgomery)

### TO PLACE A CLASSIFIED AD:

- **Due 10<sup>th</sup> of month** for publication the following month
- Send email to [NancyBriggs@hotmail.com](mailto:NancyBriggs@hotmail.com) with "classified ad" in the subject line.
- You will receive a confirmation email back.
- Ads will appear for only three months unless you notify me earlier to delete or continue.
- 75 word limit.

**Nancy Briggs, Classified Page Editor**

### FOR SALE:

**FOR SALE:** 5 HP Honda 4-stroke outboard, tank, and dolly. Older, but gently used. Professionally serviced. \$600.00 or best offer. Located in Annapolis. Contact John Halstead at [jhalstead@mindspring.com](mailto:jhalstead@mindspring.com) or 410-336-3575.

7-26



### FOR SALE:

Two-person LIFETIME kayak for sale. KOKANEE 106 sit-on-top model. Length 10'6", Width 36". Constructed of durable high-density polyethylene (HDPE). Brand-new condition. Located in Annapolis. Asking \$375. Send text to Irene at 703.593.2088.

6-26

### FOR SALE:

3.5 diameter para-anchor, \$20.  
Marinco 30-amp, 50 foot shore power cable, \$35.  
Call Gabe 240-304-1072  
7-26

## Membership Numbers

	May 2026	May 2025	May 2024	May 2023
<b>Members</b>	222	224	231	215
<b>New Members</b>	+3			
<b>Skippers</b>	59	58	61	64
<b>New Skipper</b>	+1			
<b>Lifetime Members</b>	70	75	79	85
<b>Lifetime Skippers</b>	21	23	21	22
<b>Inactive Members</b>	13	15	17	18
<b>Totals</b>	389	395	409	401

## Updating Your Sailing Fitness Level

*By Joan Tannen & Michael Sommer  
Co-Chairs*

SOS has a Sailing Fitness Level program to help members self-assess their physical ability to perform certain sailing tasks. This helps skippers invite a balanced crew to sail on their boats and divide typical sailing tasks. It's like the way we ask members to provide information on their Sailing Experience.

As we start a new sailing season, this is a good time to go into your profile and update your Sailing Fitness Level. Did you have surgery over the winter that you haven't fully recovered from yet? Did you pull a muscle in your back? Or did you work hard in a new exercise regime over the winter to improve your fitness? Your Sailing Fitness Level might vary for any number of reasons over the year. We suggest you review it every time you register for a sail.

Thank you in advance for supporting this important SOS Safety program and helping us get a good balance on all our boats.

We look forward to seeing everyone out on the water in our upcoming sailing season!

# Contacts

## YOUR BOARD OF DIRECTORS

Name	Office	Liaison to Committee	E-mail Address
Dana Tulis	Commodore		<a href="mailto:danatulis2@verizon.net">danatulis2@verizon.net</a>
Richard Cordaro	Vice Commodore	First Mates' Advisory, Safety	<a href="mailto:richardjcordaro@aol.com">richardjcordaro@aol.com</a>
Janet Pennewell	Treasurer	Bareboat	<a href="mailto:treasurer@singlesonsailboats.org">treasurer@singlesonsailboats.org</a>
Barbabra Wise	Secretary	Brunches, Social	<a href="mailto:bwise8426@gmail.com">bwise8426@gmail.com</a>
Paul Anderson		Database, Membership	<a href="mailto:pbabylon5@gmail.com">pbabylon5@gmail.com</a>
Irene Aronian		Newsletter, Public Relations	<a href="mailto:irene.aronian@gmail.com">irene.aronian@gmail.com</a>
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Susan Zevin		Education	<a href="mailto:susanzevin@me.com">susanzevin@me.com</a>

## YOUR COMMITTEE CHAIRS

(Click on the committee name to be linked to the committee description)

Committee	Name	E-mail Address
<a href="#">Bareboat Cruising</a>	Deb Kauffman, Heide Harper (2026 Trips) Coco Lanquetuit, Emil Becker (2027 Trips)	<a href="mailto:bareboatchair@singlesonsailboats.org">bareboatchair@singlesonsailboats.org</a>
<a href="#">Brunches</a>	Margaret Schwartz	<a href="mailto:mschwartz.usa@aim.com">mschwartz.usa@aim.com</a>
<a href="#">Cruising Co-Chairs</a>	Laura Keough Dana Stoffregen	<a href="mailto:cruisingchair.sos.org@gmail.com">cruisingchair.sos.org@gmail.com</a>
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<a href="#">Social Co-Chairs</a>	Tina Lavato Linda Casucci	<a href="mailto:tinalav1@gmail.com">tinalav1@gmail.com</a> <a href="mailto:casuccilj@gmail.com">casuccilj@gmail.com</a>
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## YOUR AREA CONTACTS

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Northern Virginia & Washington, DC	TBD	
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Instagram: [https://www.instagram.com/Singles\\_on\\_sailboats](https://www.instagram.com/Singles_on_sailboats)

Meetup: <https://www.meetup.com/Singles-on-Sailboats>

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Annapolis, MD 21403

## **Summer Activities**

**Mid-Week Day Sails – June 4, July 8**

**Mid-Week Powerboat Day Trip – July 16**

**Weekend Day Sail – June 6, 20, 21**

**Dinghy Dance – June 7**

**Sail 250 – Tall Ships & Blue Angels Cruise – June 26-28**